



ST. THOMAS COLLEGE

Ranni, Pathanamthitta, Kerala - 689673

ACCREDITED BY NAAC WITH 'B' GRADE



INTERNAL QUALITY ASSURANCE CELL

IQAC

ANNUAL REPORT

2020-2021



National Seminar Department organized a National webinar on the Theme Changing Democratic Perceptions and Practices in Contemporary India on 24/3/2021. The Resource Person was Dr Ansuman Rabboni (Head and Associate Professor in Dept of Public Administration, Madras Christian College Chennai). She started her discussion with the historic aspects of democracy and later interacted about the current scenario and the changing perceptions in contemporary India.

Skill Development Programmes in association with JCI YUVA, Kottayam Women Cell in association with JCI YUVA, Kottayam conducted various skill development programmes like jewelry making, embroidery, cake making and

National Webinar A national webinar on the topic 'On making the Cultural turn in Literary Studies: Emergence, Evolution, Scope of Cultural Studies in Literary Studies' was conducted by the Department of English on 12th October 2020 at 10.a.m. The Key note lecture was delivered by Mr. Liju Jacob Kuriakose, Senior Research Fellow, Department of Humanities, NIT, Puducherry. The notification of the webinar was circulated through social media and received an overwhelming response from all over India. There were about 200 participant's altogether, 100 each in Google meet live session and YouTube live streaming. In the 1 hour lecture, the resource person discussed in detail the origins, evolutions and scope of cultural studies in academic fields of inquiry. Citing examples from fields as varied as films, advertisements memes and popular art explanation was given on how cultural phenomena get produced and work in accordance with the socio-political power structures within the society. The lecture was followed by an interactive session, designing and interview skills. The training sessions were led by eminent JCI National Trainers Mrs. Supriya Ashok, Mrs. Chithra Vinod and Mr. Acewin Augustine.

International Webinar -Department of Chemistry conducted an International Webinar entitled, 'International Standards for Scientific Research' on 5th October, 2020. Dr. Mohd Taukeer Khan, Assistant Professor, Department of Physics, Islamic University of Madinah, Saudi Arabia enlightened the participants about various aspects of publishing a scientific paper in a good journal and explained statistical approaches for analysing the quality of published research work in a journal. Faculties, research scholars and students (both postgraduate and undergraduate) from various universities in India and abroad attended the program using Google Meet platform.



Department of Physics 1. A National Webinar on “Brain-Inspired Memory-Future of Artificial Intelligence” was conducted on 25th August 2020. The resource person for the webinar was Dr. Jinesh K.B., IIST, Thiruvananthapuram. The number of participants of the program was around 200.

P.G Department of Tourism and Travel Management in association with 'YATRA-Tourism Alumni' organized an unveiling ceremony of "Calendar- 2021" on 15th January 2021 in the College auditorium. Alumni of 1997-2000 & 1998-2001 Batches contributed 40,000 rupees for the publication of the Calendar. The coordinators of this initiative are Asst.Prof. Felix Abraham and Asst.Prof. Sachin Saju. The main objective of this project is to promote local tourism. Keynote address was delivered by the Chief Guest Mrs. Babbin Mathews, who is the Alumni Representative of BATTM 1997-2000 Batch. Manorama Online link: <https://www.manoramaonline.com/district-news/mynews/2021/01/25/my-news-local-tourism-calenda.html>

District Sanitation Mission

An awareness class on waste management was conducted on 25/3/21, at 11.30 am in the seminar hall for NSS volunteers under the auspices of the sanitation mission committee of the college. Sanitation mission coordinator Dr. Sneha Elcy Jacob welcomed the gathering. IQAC coordinator Dr. Rigy Idiculla presided over the meeting and delivered presidential address. Sri Ajai K R, District Programme Officer, Sujithwa Mission delivered the keynote address highlighting the importance of waste segregation and disposal methods. He also talked briefly about how to use "collectors at school" bins provided by the mission, effectively. NSS coordinator Dr. Sreejaya R. proposed vote of thanks.





IQAC and Department of History, St Thomas College, Ranni, in collaboration with One Stop Centre & Women Protection Office (Women & Child Development Department, Pathanamthitta) organised a Webinar on *'The Psychological Challenges Faced by Women'* on 8th March 2021, International Women's Day, Smt Priya Varghese, Clinical Psychologist, was the Resource person. Principal of the college, Dr Aleyamma Kuruvilla, Smt Obini Susan Chacko, Psyc-Social Counsellor and Dr Rigy Idiculla, IQAC coordinator spoke on the occasion. 52 students participated in the webinar.



ST. THOMAS COLLEGE, RANNI
IQAC & DEPARTMENT OF HISTORY

In collaboration with
ONE STOP CENTRE & WOMEN PROTECTION OFFICE
(Women & Child development department, Pathanamthitta)

Organises a webinar on

"THE PSYCHOLOGICAL CHALLENGES FACED BY WOMEN"

Resource person
Smt. Priya Varghese
(Clinical psychologist, Thiruvalla RCI licenced)

March 08 2021
Monday at 12:30 pm

**Platform :
Google meet**

Dr. Aleyamma kuruvilla (Principal) Smt. Obini Susan Chacko (One Stop centre counsellor)

Faculty coordinators
Dr. Rigy Idiculla
Dr. Deepa Roselin Joseph
Dr. Susha S.P
Asst. Prof. Anish. M. Abraham

Recording Link:

<https://drive.google.com/open?id=10lzRg0Z5HTFu1f1v5poKAITHpBEG4eFv>



ST. THOMAS COLLEGE, RANNI


25
NOVEMBER

International Day For
"The Elimination of Violence
Against Women"

 **IQAC & NSS**
Organises an
Elocution Competition

"Women"
the real
ARCHITECTS of
society

ST. Thomas College Ranni

Registration link  **CONTACT US**

<https://forms.gle/IBCwHTTKeJPs25eVii> Dr. Rigy Idiculla 8547515383 Dr. Sreejaya R 9499414518

Last date of registration **28 NOV 2020**

On International Day for the Elimination of Violence against Women: 25th November 2020, IQAC & NSS organised an Elocution competition on online mode.



ST. THOMAS COLLEGE, RANNI



The poster is a vertical rectangular graphic with a yellow top section and a dark blue bottom section. At the top left and right are circular logos. The text is centered and reads: 'ST. THOMAS COLLEGE, RANNI' in black, 'PG DEPARTMENT OF TOURISM & TRAVEL MANAGEMENT' in red, 'in association with' in black, 'INTERNAL QUALITY ASSURANCE CELL (IQAC)' in red, and 'cordially invite you to attend the' in black. Below this is 'International Webinar' in large black font, followed by 'On' in smaller black font. A white rectangular box contains the text 'COVID-19 & YOUTH: Changing Priorities or New Opportunities?' in black. Below the box is the date and time: '22nd August 2020, Saturday @ 11am, Google Meet Platform'. The next section is 'RESOURCE PERSON' in white, followed by a circular portrait of a man in a suit. Below the portrait is the name 'MR. ELDOS MATHEW PUNNOOSE IFS' in white, followed by his title and location: 'First Secretary, High Commission of India, Colombo (Sri Lanka)'. Below this is the text 'E-CERTIFICATES WILL BE ISSUED TO ALL THE REGISTERED PARTICIPANTS' in white. A QR code is centered below the text. At the bottom of the poster, it says 'THE WEBINAR IS OPEN TO ALL' in white on a yellow background. Contact information for queries is listed at the very bottom in white.

ST. THOMAS COLLEGE, RANNI
PG DEPARTMENT OF TOURISM & TRAVEL MANAGEMENT
in association with
INTERNAL QUALITY ASSURANCE CELL (IQAC)
cordially invite you to attend the
International Webinar
On
**COVID-19 & YOUTH:
Changing Priorities or New Opportunities ?**
22nd August 2020, Saturday @ 11am, Google Meet Platform
RESOURCE PERSON

MR. ELDOS MATHEW PUNNOOSE IFS
First Secretary
High Commission of India
Colombo (Sri Lanka)
.....
E-CERTIFICATES WILL BE ISSUED TO ALL THE REGISTERED PARTICIPANTS
SCAN THE QR CODE TO REGISTER !
(NO REGISTRATION FEE)

For Queries, Contact:
Rigy Idiculla (IQAC Coordinator) - 96565 03834
Felix Abraham (HOD) - 94951 11277
Anuvind.P.Aravind (Faculty Co-ordinator) - 95260 23538
Deepu Prakash (Student Co-ordinator) - 95677 97163
THE WEBINAR IS OPEN TO ALL

Department of Tourism in association with IQAC organised a Webinar on Covid-19 and youth: Changing Priorities or New Opportunities

Resource Person : **MR. ELDOS MATHEW PUNNOOSE IFS**

First Secretary

High Commission of India

Colombo(Sri Lanka)

22nd August 2020

Registration link:

<https://forms.gle/ZBCBFDDWHPTJM2QD9>



ST. THOMAS COLLEGE, RANNI

UN Day Quiz Competition

Link : <https://forms.gle/dY1Gg3eUDEEZHK4v6>

UNITED NATIONS DAY



ST .Thomas College,
Ranni,
IQAC organizes
Quiz Competition
on
24th October 2020
Registration Link:
<https://forms.gle/gDHVQ9sYg77BE3VWA>

The poster is a black rectangle with white and blue text. It features the United Nations logo on the left. The text is centered and reads: 'UNITED NATIONS DAY', 'ST .Thomas College, Ranni,', 'IQAC organizes Quiz Competition', 'on 24th October 2020', and 'Registration Link: https://forms.gle/gDHVQ9sYg77BE3VWA'. The registration link is highlighted in orange.



ST. THOMAS COLLEGE, RANNI

IEDC and IQAC St Thomas College, Ranni organised a Webinar on 'Intellectual Property Rights' on 19-04-2021, the Chief Resource person of the program was Dr Law Wellman P (Assistant Professor, Government Law College, Calicut), he delivered the keynote address, Principal of the college, Dr Aleyamma Kuruvilla made the presidential address. Welcome speech was delivered by Assistant Prof Jikku James (IEDC Nodal Officer) and felicitation was rendered by Dr Rigy Idiculla (IQAC, coordinator). Student representatives, Miss Akshaya Vijayan (1st year B com) and Miss Varsha M (2nd year BSc Botany) spoke on the occasion.


**IDEAGORA-INNOVATION AND ENTREPRENEURSHIP
DEVELOPMENT CENTER(IEDC)**
In association with
**INTERNAL QUALITY ASSURANCE CELL (IQAC)
ST. THOMAS COLLEGE RANNI**

Webinar On
**"INTELLECTUAL PROPERTY
RIGHTS (IPR)"**




19th April
2021

Resource Person

10:00
AM






Dr. LAW WELL MAN P.
Assistant Professor,
Govt Law College Calicut.

Organising Committee
Dr. Aleyamma Kuruvilla (Principal)
Asst. Prof Jikku James (IEDC Nodal Officer)
Dr. Rigy Idiculla (IQAC Coordinator)
Student Coordinators
Bilton Varghese (IEDC CEO)
Arjun Prasad(IEDC CPO)

PLATFORM
Google Meet

 iedc St. Thomas college
 iedc_stc_ranni
 iedcstthomas@gmail.com



Webinar on Gender Sensitization program, 'NAAM'

The poster is teal with white and yellow text. At the top left is the St. Thomas College logo. The text reads: 'ST. THOMAS COLLEGE, RANNI IQAC IN COLLABORATION WITH WOMEN'S CELL ORGANISES A WEBINAR ON'. Below this is a stylized logo of a male symbol (♂) and a female symbol (♀) intertwined. The main title is 'GENDER SENSITIZATION-"NAAM"'. The resource person is 'Adv. Smitha Chand (Legal Councillor, Govt. Mahila Mandiram, Kozhencherry, Pathanamthitta)'. The date is '14th November 2020 Saturday @ 11.00am' and the platform is 'Google Meet'. At the bottom, it lists faculty coordinators: 'Dr. Rigy Idiculla' and 'Dr. Ansu Jacob', a QR code, and the Google Meet link: 'https://meet.google.com/fqp-gbnh-mso'. A quote at the very bottom reads: 'GENDER PARITY IS NOT JUST GOOD FOR WOMEN-IT'S GOOD FOR SOCIETIES - ANGELICA FUENTES'.

Report

A gender Sensitization Program 'NAAM' was organized by IQAC and Women's Cell of the college on 14th November at 11 am, on the occasion Keynote address was rendered by Advocate Smitha Chand, Legal Councillor, Govt Mahila Mandiram, Kozhencherry, Pathanamthitta. She gave a long lecture regarding laws available to protect women and constitutional provisions which ensured the safety of women. The lecture was followed by an interactive session where students actively participated; they could clear all their doubts. The IQAC coordinator Dr Rigy Idiculla and Women Cell coordinator Dr Ansu Jacob spoke on the occasion, 62 students participated.

Recording link:

<https://drive.google.com/open?id=1VwwsGcSjf2vPA07cHNAD6IgxivNDZeMq>



ST. THOMAS COLLEGE, RANNI

A Faculty Development Programme on Moodle Learning Management System for teachers of St Thomas College Ranni, was organised by Department of Physics and IQAC in association with Spoken Tutorial Programme, IIT Bombay from 17/11/2020 to 23/11/2020.

The poster features a light green and blue background with a map of Kerala. At the top left is the St. Thomas College Ranni logo. The main title is in a large, stylized font. Below the title, there are two columns of text: the left column lists the organizing departments (Physics and IQAC), and the right column lists the associated organizations (Spoken Tutorial Programme and IIT Bombay). The dates and registration details are highlighted in purple and green boxes. A yellow box contains a brief description of Moodle. At the bottom, a dark blue box lists the names and contact information of the program's staff.

ST. THOMAS COLLEGE, RANNI
NAAC re-accredited with B-grade
Affiliated to Mahatma Gandhi University, Kottayam

DEPARTMENT OF PHYSICS
INTERNAL QUALITY ASSURANCE CELL (IQAC)

in association with
SPOKEN TUTORIAL PROGRAMME
IIT BOMBAY

organises

7 Day
**FACULTY DEVELOPMENT
PROGRAMME ON
MOODLE LEARNING
MANAGEMENT SYSTEM**

**17-11-2020 to
23-11-2020**

**REGISTRATION
Rs. 590/- (Including GST)/ Person**
Registration Ends on
14th November 2020

Moodle is a learning management system (LMS in short) which helps teachers and educators create an online platform for more adaptive and customized learning.

Moodle has many built-in features ranging from the basics such as file upload, assignments, quizzes, notifications and advanced features such as forums, quiz, wikis etc that can be used by learners. It also has many easy-to- install plugins such as attendance, reminders, analytics etc. to supplement these features.

THIS PROGRAMME IS EXCLUSIVELY FOR FACULTY MEMBERS OF ST.THOMAS COLLEGE, RANNI

BENEFIT OF THE PROGRAMME
THOSE WHO SUCCESSFULLY COMPLETING THIS FDP WILL RECEIVE PARTICIPATION CERTIFICATE FROM SPOKEN TUTORIAL PROGRAMME IIT BOMBAY

PRINCIPAL
Dr. Aleyamma Kuruville

COORDINATOR
Mrs. Anju Joseph (HOD)
9496211790

CO-COORDINATORS
Dr. Marykutty James (9495352381)
Ms. Soumyamol K.S.(8848711661)

IQAC COORDINATOR
Dr. Rigy Idiculla



ST. THOMAS COLLEGE, RANNI

CERTIFICATE OF SPOKEN TUTORIAL (ST) TRAINING

23rd November 2020

To :
Dr. Aleyamma Kuruvilla (Principal)
St. Thomas College, Ranni
Kerala, India.
Pin Code: 689673.

We are delighted to provide your Institute a Certificate depicting the Training you undertook for teachers (FDP). You engaged many learners right through this Covid period in taking the IIT Bombay- ST courses and acquiring powerful IT knowledge. This is under the partnership agreement between St. Thomas College, Ranni, Kerala and IIT Bombay- ST (Spoken Tutorial) Program powered by National Mission on Education through ICT, MHRD, Govt. of India.

The Faculty Development Program (FDP) was appreciated by Faculty Members. The duration was 17th November-23rd November 2020 and covered 34 faculty members. They were in turn lauded by their Institutes' management.

Again, in deep acknowledgement of your stellar efforts. We wish to collaborate many more times in this manner with you. We are grateful to Dr. Aleyamma Kuruvilla and Prof. Anju Joseph (Event Coordinator) for their commendable work to coordinate this event.

Details of Participants enrolled in Software Training Workshop under Spoken Tutorial

Sr. No	Software Courses	Participants
1.	Module LMS	34

Yours Sincerely,

For and On behalf of



Mrs. Shvama Iyer
Spoken Tutorial Project, IIT Bombay

भारतीय प्रौद्योगिकी संस्थान मुंबई
पद. मुंबई-400 076, भारत
Indian Institute of Technology Bombay
Powai, Mumbai-400 076, India

दुर्वाण/Phone
किसल/Fax (+91-22) 2572-3480
वेबसाइट/Website

LETTER OF ASSOCIATION

To,
The Principal
St. Thomas College, Ranni
Kerala.

Date- 17/02/2021

We are happy to announce the ASSOCIATION of Knowledge Partner Spoken Tutorial Program, IIT Bombay with St. Thomas College, Ranni. Your College is officially now an Academic Center-ILM for initiating Spoken Tutorial Training. The Program is a part of the National Mission on Education through ICT, MOE, Govt. of India, to spread IT Literacy all over India. We are promoting the learning and usage of Free & Open Source Software (FOSS), through an Audio-Video teaching tool, viz, 'Spoken Tutorial'.

We support and motivate colleges to train students on Basic Computer Skills, Software and IT. The course and the training is offered for Rs. 236/student/course and Rs. 590/faculty/course including GST to the College.

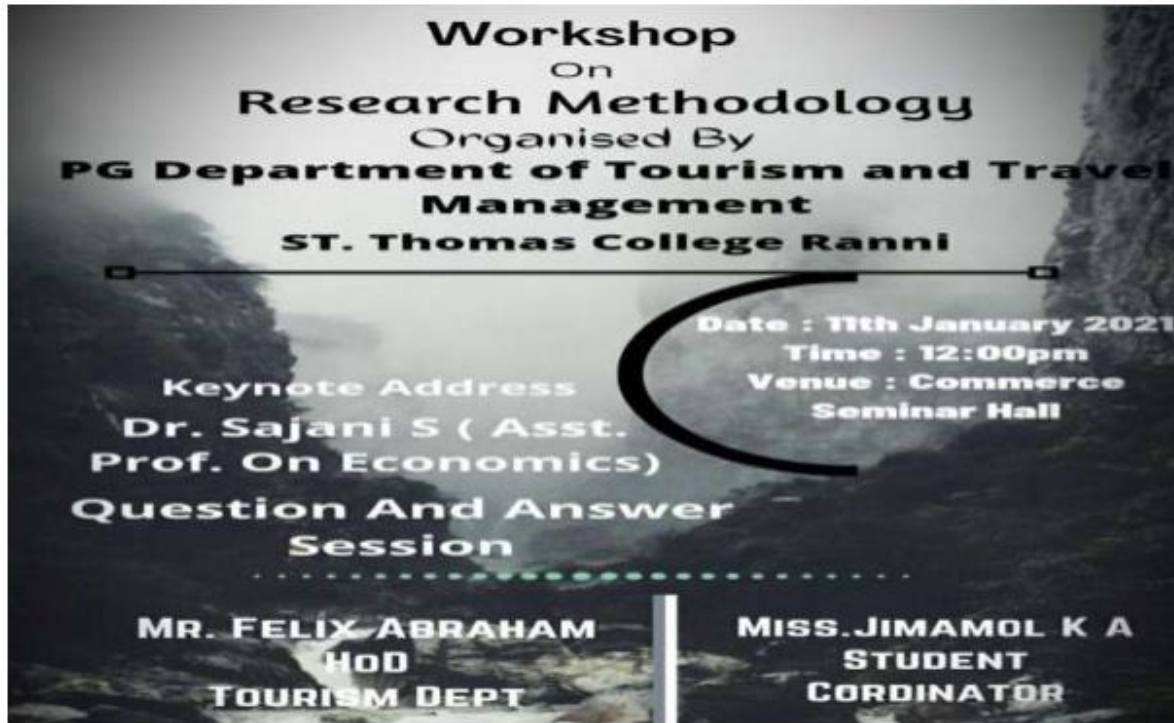
You are making an outstanding contribution of using ICT based teaching and learning methodology for students of your College.

Yours Sincerely,

Spoken Tutorial,
Indian Institute of Technology Bombay



Mrs. Shvama Iyer
National Coordinator
Spoken Tutorial Project, IIT Bombay



PG Department of Tourism and Travel Management organised another International Webinar (2.0) on 14th November 2020 based on the theme "Covid-19: Good, Bad and The Ugly" and was followed by a discussion on "Covid 19: A Catalyst for Innovation and some possibilities to consider". Dr. Johnson Kuruvila, Director General, Canadian Federal Government was the resource person for this webinar. This event was conducted via Google meet, an online platform.

Youtubelink: <https://youtu.be/4ZvtJMgs IE>



Department of Physics

1. A National Webinar on “Brain-Inspired Memory-Future of Artificial Intelligence” was conducted on 25th August 2020. The resource person for the webinar was Dr. Jinesh K.B., IIST, Thiruvananthapuram. The number of participants of the program was around 200.

The poster features a background image of a futuristic white robot head with a brain-like structure. Text on the poster includes the college logo and name, accreditation details, webinar title, date and time, resource person information, registration link, and organizing committee details.

DEPARTMENT OF PHYSICS
ST. THOMAS COLLEGE, RANNI
NAAC re-accredited with B-grade
Affiliated to Mahatma Gandhi University, Kottayam

National Webinar on
BRAIN INSPIRED MEMORY:
FUTURE OF ARTIFICIAL INTELLIGENCE

25 AUGUST 2020
11:00 AM - 12:15 PM

LIVE ON **Google Meet**

Resource Person

Dr. Jinesh K.B.
Associate Professor
Indian Institute of Space Science and Technology
Thiruvananthapuram, Kerala

For registration follow the link:
<https://forms.gle/ID4sXz822Dkw9vci9>

- No registration fee
- E-certificate will be given to all participants after submitting the feedback form
- E-mail: physics@stthomascollegeranni.com

Organizing Committee:
Dr. Aleyamma Kuruvilla (Principal)
Mrs. Anju Joseph (HOD)-9496211790
Mrs. Merin Jose, Dr. Marykutty James
Ms. Soumyamol K.S., Ms. Sreevatsa K., Ms. Milu Idiculla

Co-ordinator
Dr. Suresh M.K.
Mob: 9446738693



ST. THOMAS COLLEGE, RANNI

On 29/12/2020 IEDC in collaboration with Internal Quality Assurance Cell (IQAC) and staff club conducted one day training for teachers on topic “Role of Teachers in Innovation and Entrepreneurship Development”. Prof. Sherin Sam Jose CEO of Startup Valley was the chief guest (speaker).

**IDEAGORA-INNOVATION AND ENTREPRENEURSHIP DEVELOPMENT
CENTER(IEDC)**
IN ASSOCIATION WITH
INTERNAL QUALITY ASSURANCE CELL (IQAC) AND STAFF CLUB
ST. THOMAS COLLEGE RANNI

 INNOVATION AND
ENTREPRENEURSHIP
DEVELOPMENT CENTRE



 KERALA
STARTUP MISSION®

ONE DAY FACULTY DEVELOPMENT
PROGRAM ON
**"ROLE OF TEACHERS
IN INNOVATION AND
ENTREPRENEURSHIP
DEVELOPMENT"**



Prof.Sherin Sam Jose
Chief Executive Officer,Startup
Valley, Amal Jyothi TBI

ORGANISING COMMITTEE :
PROF. DR. ALEYAMMA KURUVILLA (PRINCIPAL)
CAPT. JOHN M GEORGE (VICE PRINCIPAL)
ASST. PROF. JIRKU JAMES(NODAL OFFICER-IEDC
AND SECRETARY -STAFF CLUB)
DR. RIGY IDICULA (IQAC COORDINATOR)
DR. VEENA S (PRESIDENT- STAFF CLUB)
DR. R ARUNA DEVI (TREASURER- STAFF CLUB)

DATE: 29TH DECEMBER 2020
TIME: 10:00AM
PLATFORM: GOOGLE MEET



ST. THOMAS COLLEGE, RANNI

ST. THOMAS COLLEGE, RANNI 
STAFF CLUB

ORGANISES
WEBINAR ON

**"CAREER ADVANCEMENT
AND PROMOTION"**

Resource Person



Dr. A. S. Sumesh
(Senate member MG University,
Asst. Prof, MES College, Nedumkandam)

Dr. Veena S (President)
Jikku James (Secrawry)
Dr. Atuna Devi (Treasurer)

Date: 23-10-2020, 1.30pm - 3.00pm
Platform: Google meet





ST. THOMAS COLLEGE, RANNI

REPORT

Staff Club of St. Thomas College, Ranni organised a webinar on the topic "Career Advancement and Promotion" for college teachers on 23rd October 2020.

Dr. A. S. Sumesh (Senate member-MG University and Asst. Professor MES College Nedumkandam) was the resource person. Meeting started at 1.30 PM via google meet. College Principal Dr. Aleyamma Kuruvilla Presided the meeting. The first half of the program, the resource person delivered the keynote address and second half for discussions. The program witnessed a participants of 60 teachers from different colleges.

Jikk James

Secretary

Staff Club

St Thomas College Ranny



ST. THOMAS COLLEGE, RANNI

National Webinar

On Making the Cultural Turn in Literary Studies: Emergence, Evolution, and Scope of Cultural Studies in Literary Spaces

The last two decades have witnessed a paradigm shift within English classrooms as syllabi and academic focus have switched gears from traditional literary studies to Cultural Studies, a shift which has been called 'the cultural turn in literary studies'. The session will set to motion a broad discussion on the field of cultural studies, its socio-political spaces of emergence, philosophical moorings, and scope in present day academics. It shall endeavor to introduce various possibilities for cultural discourse analysis, exploiting the paradigm shift of focus to popular culture, or to quote Madhava Prasad, the "imperatives of the contemporary" such as cinema, internet, art or memes. How did the field emerge? What does it study? What are its tools of analysis? How does popular culture and its productions such as cinema or trolls, get studied within the field? What are the possibilities that this field provides for a researcher or a student of literature? These are some questions that this session wishes to take up and answer.



ST. THOMAS COLLEGE
RANNI

National Webinar
Organised by
Department of English

12 October 2020, 10:00 am



Register here...



SCAN TO REGISTER

OR



Resource person:



Mr- Liju Jacob Kuriakose
Research Scholar

Department of Humanities and Social Sciences

National Institute of Technology
Karaikal
Puducherry

Principal
Dr. Aleyamma Kuruvilla

H.O.D.
Smt. Sneha Elcy Jacob

Faculty co-ordinator
Smt. Aneeta Chinnu Joseph
Ph:9744082369

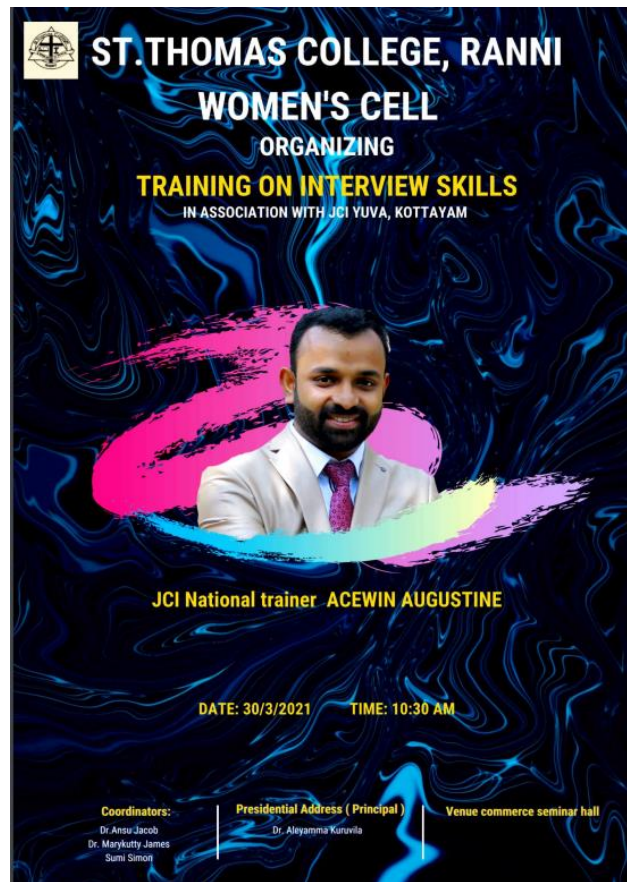


ST. THOMAS COLLEGE, RANNI

A national webinar on the topic ‘ On making the Cultural turn in Literary Studies: Emergence, Evolution, Scope of Cultural Studies in Literary Studies’ was conducted by the Department of English on 12th October 2020 at 10.a.m. The Key note lecture was delivered by Mr. Liju Jacob Kuriakose, Senior Research Fellow, Department of Humanities, NIT, Puducherry. The notification of the webinar was circulated through social media and received an overwhelming response from all over India. There were about 200 participant’s altogether, 100 each in Google meet live session and YouTube live streaming. In the 1 hour lecture, the resource person discussed in detail the origins, evolutions and scope of cultural studies in academic fields of inquiry. Citing examples from fields as varied as films, advertisements memes and popular art explanation was given on how cultural phenomena get produced and work in accordance with the socio political power structures within the society. The lecture was followed by an interactive session.

Webinar for the students of the Department

Dr.Sruti Ramachandran, Assistant Professor of English, Govt. College for Women, Thiruvananthapuram, has been the Resource Person of the webinar on Psychoanalytic Criticism: Beginning Freud, on 30 October 2020, conducted by the Department of English, St.Thomas College, Ranni. All the students of the department participated in the webinar. In the interactive session that followed the keynote speech many of the participants raised questions and clarified their doubts





Talk on Stress Management in association with JCI YUVA, Kottayam - 15th February 2021



Stress is your body's response to changes in your life. Because life involves constant change, ranging from everyday. Taking time to manage your stress is essential in order to teach effectively and to help students with their stress around learning. Stress can be effectively managed in many different ways. The best stress management plans usually include a mix of stress relievers that address stress physically and psychologically and help to develop resilience and coping skills. So relieving the stress among the teachers, women cell organized a talk on Stress Management in association with JCI YUVA , Kottayam on 15th February 2021. The keynote speaker was JCL Sen. Justin Thomas, National trainer. He stated various stress relief techniques that can work in just a few minutes to calm the body's stress response. These techniques offer a "quick fix" that helps you feel calmer at the moment, and this can help in several ways. He also pointed that when our stress response is not triggered, we may approach problems more thoughtfully and proactively.

Nipping our stress response in the bud can also keep us from experiencing chronic stress. Quick stress relievers like breathing exercises were practiced during the session. It was actually a stress relieving class for all of us and the day witnessed a whole hearted participation from the college family.



Skill Development Programmes in association with JCI YUVA, Kottayam

ST. THOMAS COLLEGE RANNI
Women Cell
 In association with JCI YUVA, Kottayam
Organising
SKILL DEVELOPMENT PROGRAMMES
 Organising Committee
 Dr. Aleyamma Kuruville (Principal)
 Dr. Ansu Jacob
 Dr. Marykutty James
 Mrs. Sumi Simon
 For more information
 Join our Whatsapp group
[CLICK HERE TO JOIN](#)

Tharjani 2021 “ A women's best protection is a little money of her own

JEWELLERY MAKING AND EMBROIDERY
 -By Supriya Ashok
 Bring out the designer in You !!!
 Every new day is a new chance to sparkle more

CAKE MAKING AND DESIGNING
 -By Chitra Vinod
 Do you love eating cakes???
 Become a professional baker and bake your dreams come true !!!

INTERVIEW SKILLS
 -By Acewin Augustine
 Looking for a job???
 How prepared are you???
 Join us and crack any interview with confidence.

Skill development is a process of identifying the skill gap and ensuring to develop these skills. Skills determine our ability to execute plans and achieve the goals. In everyday life, the development of life skills helps students to find new ways of thinking and problem solving. Recognise the impact of their actions and teaches them to take responsibility for what they do rather than blame others. Build confidence both in spoken skills and for group collaboration and cooperation. Thus Women Cell of our college in association with JCI YUVA, Kottayam gave an opportunity for our students to take part in various skill development programmes like jewellery competition, embroidery, cake making and designing and interview skills. The programmes were enhanced with eminent JCI National Trainers – Mrs. Supriya Ashok, Mrs. Chithra Vinod and Mr. Acewin Augustine . The programmes were grand success with the whole hearted participation of our students.